

of life  
His conception is simple, but namely it's but  
an empty dream. Particularly <sup>socie</sup> circumspect  
to a which he lived contemplative turn of  
mind, & the deep <sup>influence</sup> impression of Buddhistic  
doctrines which ~~up his spirit~~ in busid ~~and~~  
his ideas all tended to the same goal ~~of~~  
life, but an empty dream. He might  
say with Shakespeare

Wore such stuffs as dreams are made on,  
And our little life is rounded by

All pleasure, fit ~~posterior~~ quicken boronis  
bright all object, are necessary & charging  
the fruition else aside of all things in  
ourselves constantly remind us of the folly of  
our efforts.

Mr. J. S. Allen  
1885

J. S. Grant  
Allen  
8/30

The two meals of the day were the noon and sunset meals. But the postponing of the noonday meal was already in operation in Shakespeare's times. English dinner at that time was 16 French Déjeuner.

	<u>Henry II (1154)</u>	Principal meal	Supper fr. Dining
Breakfast			
a luxury for the rich	10 a.m.		
until 16th century introduction of coffee temp.			6 P.M. (16 <sup>th</sup> cent.)
Charles II	<u>Henry VIII</u>	Dinner of Fr. Déjeuner	
1680	noon		George II 9 P.M.
	<u>George II</u>		
	5.30 p.m.		Victoria
	<u>Victoria</u>		replaced by dinner
	7 or 8.30 p.m.		

### Present meals. (1890)

Fashionable	{ 1. Breakfast	2. Luncheon (Teatime Tiffin)	3. Afternoon Tea
	8~10 a.m.	12~2	3~5 p.m.
	4. Dinner	5. Supper (extra)	
	6.30~8.30 p.m.	11 p.m.	

unfortunate	{ 1. Breakfast	2. Dinner	High Tea	Supper
	7~10 a.m.	12~11 p.m.	6~7 p.m.	9~10 p.m.

Hogs had not yet become fashionable.  
Bread, barley, rye for common people. Wheat  
bread was reserved for the rich (Monkton)  
A penny loaf was (less expensive)  
Fish was universal in use. Sallets, mutton and  
bacon were also found in well furnished larders.  
(To draw a red herring across the path  
of anyone) Fresh meat was highly prized  
Fowls were all stale fed. Strict game laws  
prohibited native fowls to the market. Oysters,  
lobsters, etc etc were in abundance in  
Billinggate. Wednesday was half-fish day  
Friday whole fish day. All domestic fowls were  
unknown in S's days. Peacock's were served  
at banquets. Pie and pasty were common.  
At the <sup>cheese</sup> meals apples and cheese  
were served (pippins). Watercress, arta-  
choles were introduced. Lettuce from Flanders  
cabbage + onions from Holland. Leek (not  
(a kind of) onion) Onions known as Patience  
was imported from China. Caper (pea)  
Dried fruits were abundant, (Schmidt's) lemons,  
figs not Spanish but Italian. This  
word fig signify something worthless.

(Spanish fig or pig is <sup>a custom</sup> thrusting it <sup>the</sup> thumb  
between the two forefingers) Wines from Spain  
& France were then the best varieties from  
the first named country, of which sherries  
- sack = dry wine. A variety of French  
wine all red wine. Generally sweetened by  
sugar. All or part by every one.

Minstrelsy in England + Scotland.

In the battle of Hastings, a minstrel called Roger chanted a war song.

Henry I (early years of 11c-12<sup>th</sup> cent.) he had a minstrel called Roger. He was founded in Abingdon in London to hospitals of St. Bartholomew. He became a religious afterward.

In 1145, Jeffrey received an annuity from an Abbey Ryde.

The reign of Richard I. was the time of minstrelsy 'Blondel de Nesle'. Richard was caught in Australia on <sup>the</sup> way home from Palestine. His minstrel, in search of him, singing a song which his master knew. When he came near the castle where the king was shut up the king in response sang the continue next part of the song which the minstrel began. Thus he was recognised by his servant. (fictional story)

In the reign of Edwam monarch, an English Lady was carried to Normandy and an English knight followed her & contrived a plan to get her back the song of fair Rosamond.

On (Chester) jurisdiction peculiar  
to (Cornwall) they are principles  
of Durham

Henry III. (1215 cent.) Richard enjoyed the title of minstrel, received an annual grant of 40 shillings & supply of wine for himself and his wife.

Edward I. (long shanks) He was attacked by an assassin in Africa while he was sleeping in his tent. He received a wound by a poisoned poniard. His minstrel struck the assassin down & his wife Eleanore of Castile sucked the poison out of his wound.

In his own court he rashlessly suppressed the bards of Wales. He thought that he would break up the nationality of Wales if he break up the bards. (Mother Arnold's Celtic literature - Gray's bard)

Edward II In 1315 a statute was passed against minstrels. 1331 John of Gaunt established a rival court to elect the King of minstrels and four regular officers.  
(Chester head quotes of minstrelsy)

Henry IV Wales was affected and joined with the North. But strangely enough in the reign of his grandson, it was Lancastrian in sympathy. He suppressed bards.

This manner of concentration and proportion were the Italian, taught the English, was evolved by the English themselves. After Dante, there was nothing heroic in Italian literature. whose pathos, wit, humor, brightness, acetic lighter instrument, but the great tragedy was absent. The cosmopolitan character of English tragedy was remarkable.

Italian novella was much more short than the English novel, it was suitable for reading at one sitting. The French nouvelle is terminative of romance (Littre) & is a narration of amusing adventure. A novel invariably explains a bit - dangers of debt, sudden change of fortune, etc.

English novels are the drama treated on the line of the epic.

Plot: is a frame work of incident in which the fortunes of two or more lives mutually interest and lead to a happy or tragic issue.

Novels to the Victorian literature are what drama was to the Elizabethan. Both come from the Italian. The Italian of the time of Shakespeare were cosmopolitan, so Shakespeare's characters were also cosmopolitan with a modification. In 1566, W. Painter published a volume called 'The Palace of Pleasure' beautiful, adorned & well furnished with pleasant histories & excellent novels, selected out of diverse good & commendable authors.

The book contained stories from Italy & some Latin authors & Margaret Navarre's *Le Mamer*. The collection was indebted to Italian novel writers:-

Boccaccio, Bandello, Cinthio, Straparola, Serravanni. '~~Petzi Forte~~' <sup>the book</sup> was the source from which Shakespeare & his brother dramatists drew their materials, Cressida from Cinthio, Edward from a novel of Bandello. These Italian novels were often correct & faithful to the facts. Without the Italian influence it is doubtful whether English drama developed as it was the case. The Italian story of revenge & passion was a great store-house of pleasure to the 'phlegmatic northern'. The stories were told in a concentrated and artistic fashion "for beyond the power of any prior English story teller."

Joseph Andrews.

1. Joseph Andrews (hero)
2. Fanny Goodwill (heroine)
3. Parson Adam (good genius) Vice of Wakefield
4. Lady Booby (evil genius)
5. Mrs Slip-slop (comic character) Gamp